



# İNCEDOĞAN

POOL SAUNA SPA DESIGN

*D.S.T.*



DREAM SERVICE TEAM  
İSTANBUL/TURKEY  
POOL & SPA DESIGN

# ABOUT OUR COMPANIES:

- ▶ Which established in 1991 INCEDOGAN; swimming pool and sauna is an organization serving the sector.
- ▶ The company quality products and customer satisfaction, since its establishment, has undertaken many successful projects.
- ▶ in 2008 the clients raises the bar for quality of service given by INCEDOGAN, İstanbul DST SPA design firm has a different vision of the sector by establishing.
- ▶ Related to their sector, developments in the world and closely follow the latest technology, this innovation to gain their own sector working with all effort to INCEDOGAN and principled and honest with DST issues expert staff with an understanding of the leading firms.
- ▶ Domestic and international swimming pool, sauna, massage pool, SPA centres – wellness, hotels, resorts, aqua parks, thermal plants and water treatment facilities, has been working with the impeccable service.

# SPA



- ▶ SPA Latin "Salus per Aquam" Although "means" health through Water.
- ▶ Purifying the water feature with physical and spiritually healing power called the station aimed at him to get him.
- ▶ Spa, free from stress or physical health as a means of escape, anti-cellulite, mentally it is possible to use in order to relax and flourish

# OUR BUSINESS

## SAUNA

- ▶ It is also a relief of a good rest for people in the Sauna.
- ▶ Nevertheless, the high temperatures and low humidity rate environment sauna bath person who applied to the surface of the top layer of the skin  $10^{\circ}\text{C}$  temperature rise. At the same time also under the layer of skin Temperature increase of  $1^{\circ}\text{C}$  than normal which protects against diseases body substance that increases the production of antibodies
- ▶ Blood circulation and metabolism to prevent the rise of temperatures well below the skin intensively reacts with perspiration. Accumulate toxins in the body during this sweating disposal came with the robustness of lactic acid removal of pain in the muscles with dead cells be considered throwing the fresh smooth skin provides you with the ability to be.



## SAUNA



- Only grows in the north country tree with the desired high quality sauna available. The trees grow slowly in harsh weather conditions, therefore more sturdy and resistant structures.

- We use in the production of sauna cabin trees wall and parquet and never zero resin ratio known as the world's best sauna tree Canada men with RED CEDAR (Canadian Red Cedar) and HEMCLOK.

- Sitting groups in the grid snapping back and place extra heat-repellent ABACHI tree. Never cheap and low-quality wood, plywood or chipboard.

## ► Classic Finnish Sauna

70-90 ° C 10-20% Humidity that characterize the use of Classical sauna sauna is a high temperature and low humidity. The cold air or water applications and other domains the combination of blood circulation and strengthens the immune system. Regular sauna use also provides protection from infection. Mental skills for people with professions who want to sauna is an inspiration.

## ► Bio Sauna

50 ° C, 50% Humidity according to the Finnish sauna has a softer atmosphere. This sauna furnaces and heating Division and used in steam boiler specially designed sauna which is part isticilarıdır. Also to light therapy and aroma therapy bio sauna units can be put in

## ► Russian Sauna

110-120 ° C 25% Humidity according to the classical sauna, Russian sauna is a harder setting natural stone and logs in the form of tree varieties are more natural-looking sauna using.



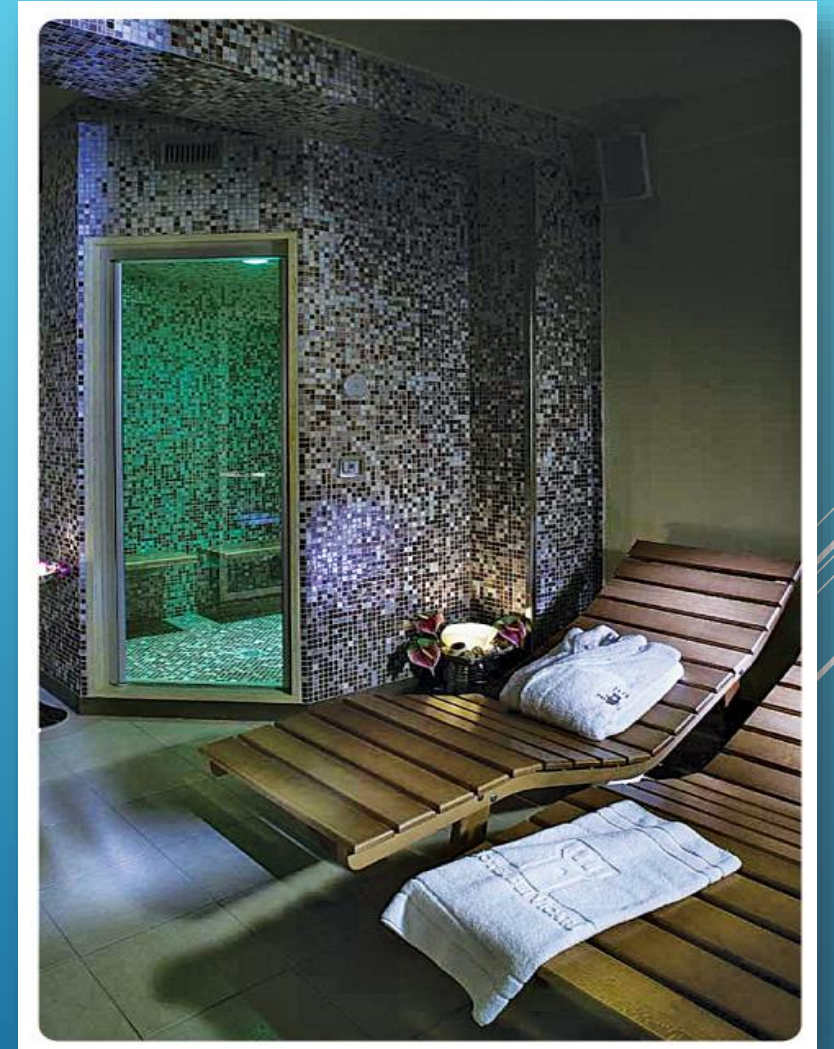
# OUR BUSINESS

## STEAM ROOM

- ▶ The combination of high humidity and heat of the steam room compatibility shaped SPA with tradition. INCEDOĞAN & DST this bath offers a wide choice in the tradition and design. Traditional steam bath, aroma steam bath and salt steam bath without them. High technical standard and the right choice of materials offers the highest quality with DST.

## Traditional Steam Room

- ▶ 100% humidity and a 42-45 ° C cabin temperature are the basis of traditional steam bath. The cabin heated ergonomic seating in groups; marble, glass mosaic or ceramic wall cladding options with stylish design and creates feeling of happiness-giving sites.

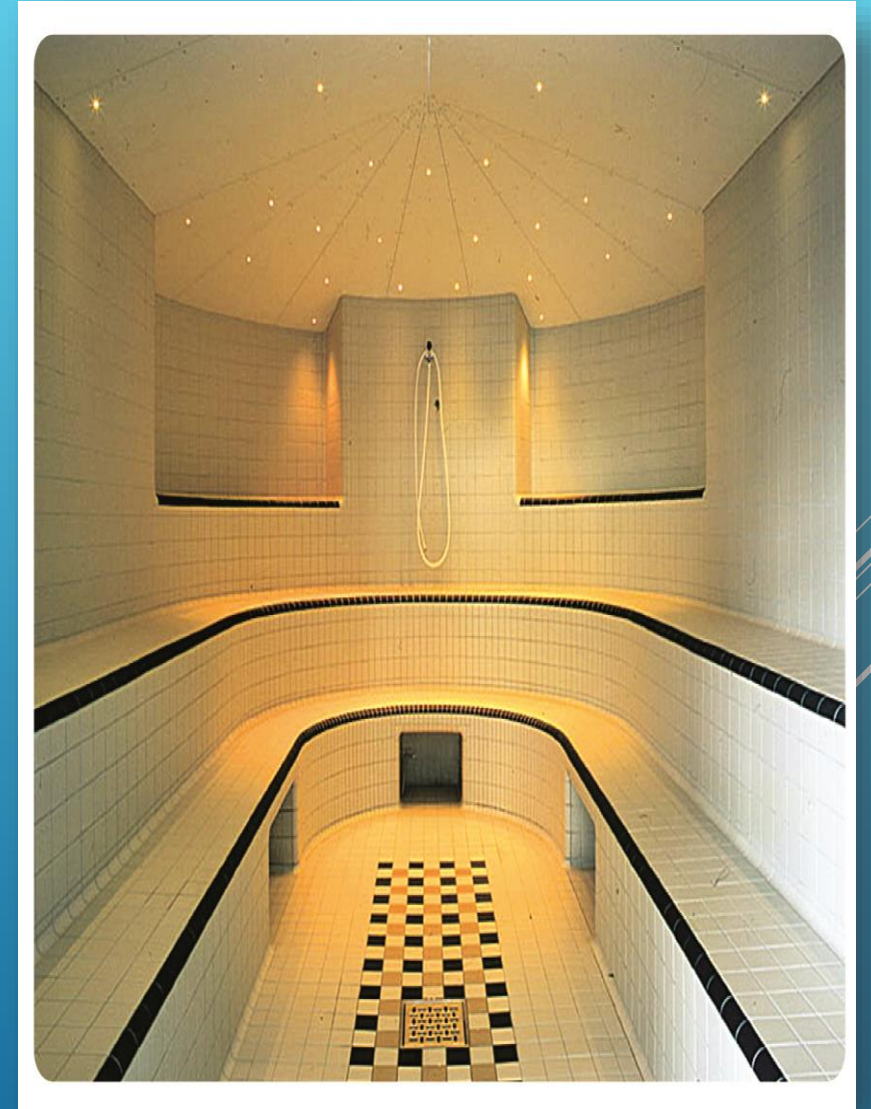


## Aroma Therapy Steam Room

- ▶ Therapeutic effect of Aromanin and beautiful aromas every day increases the importance of regeneration treatments. You can find steam and aroma bath is the ideal combination of increases even more the effect of the therapy.
- ▶ Especially for those with respiratory complaints, lavender, myrrh and uplifting than the lungs and respiratory inhalation of eucalyptus for bodies has proven to be useful. In addition, refreshing Chamomile essence increases mental relaxation.

## Steam Salt Room:

Private therapeutic salt property is known to have several centuries medical circles. Salt cleanses the skin, stimulates blood circulation and calms the shortness of breath. This phenomenon is 42 – 45 ° C temperatures between and enhanced with ceramic Interior and skillfully made. Mosaic and lighting also helps to create a pleasant atmosphere. Take charge of your well-being





# OUR BUSINESS

## RASSOUL SHOWER

- ▶ Bath is an old Arab ritual. Herbal steam bath is a combination of the mud with. A special mud mixture is applied to the entire body. Electric heated Ergonomic seating Group increased by temperature heat from the mud to dry in the body. With the introduction of steam generator through the mud again with moisture on the skin absorbs the impurities into the mud.
- ▶ Rhasoul with the introduction of the steam room shower system with body hand massage into wet clay small grains gently peeling, dead cells loss, blood circulation atrial pacing subsequently ends with a hot shower.
- ▶ Rhasoul is used as a preventive measure against diseases of the ritual. Purifies the body by stimulating the immune and circulatory systems. Rhasoul shower especially dry and sensitive, supports damaged skin, acne, acne and eczema is a type of an aromatic bath from the well.



# OUR BUSINESS

## TURKISH BATH

- ▶ It is the most important area of the SPA complex. Accompanied by plenty of SOAP, foam, scrub, steam, and when you leave you feel squeaky clean with the navel stone, never gives a feeling of the event in the bathroom in your home.
- ▶ INCEDOGAN & DST as we, our millions of years sitting on the marble of nature of water and steam with refreshing spaces we design. Marble hands gives cut him off, raw stone State life, carve, we, too, colorant, ornaments, we Polish ... There's a whole new form continues with marble. This is new is a traditional Turkish bath!



# OUR BUSINESS

## SNOW ROOM

Refresh is a method applied for and vitality. Especially after the intense heat the sauna and application is an effective alternative to snow room application. Since a long time after the Finnish people sauna naked wife pointed out that upon themselves, and then again, we're back in the sauna. Strengthens the body temperature too high landing-outs and robustness.



## SALT ROOM

Salt, salt mines a very natural way, by mixing chemicals, salt room, floor, wall and ceiling can be obtained by applying to the therapy method. To quiet the respiratory tract, allergies, asthma, ear, nose and throat diseases it is used for therapeutic purposes. Sprayed into the air inside the room, and not being able to see eye to eye on Himalayan salt in contact with the body through the respiratory tract of the highly positive effects, convenience.

# OUR BUSINESS

## SNOW TAP

- ▶ Hammam or sauna overheated after the body's blood supply under the skin and skin with snow scrub accelerated you jam and freckles to appear brighter than smooth. The skin is the body's defense system as a result of the cold snow with scrub, Mississippi provides protection against the disease. These beneficial effects, as well as increase blood circulation also helps to regulate blood pressure



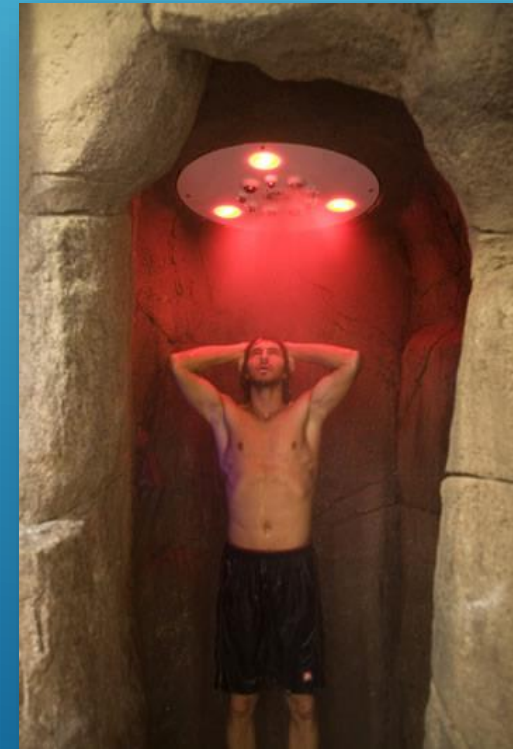
## ICE CABINET

- ▶ + 3 ° C and -5 ° C with 10% humidity here you will find real ice and his wife. The effect of rejuvenating your body after fresh ice cabin, sauna, blood circulation and stimulates the immune system. Suppliers with serious ailments ice cabin circulation is recommended for those who do not.

# OUR BUSINESS

## SHOWER SYSTEMS

- ▶ INCEDOGAN & large personal applications a custom shower the DST range.
- ▶ Shower systems with a strong jet of warm tropical rain water uses full body massage with exotic aromas, offering enriched, soft, refreshing with spectacular sprays of additives and provides relief to the accompaniment of sound effects.



# OUR BUSINESS

## RESTORE UNITS

Relaxation and relaxation area is one of the most important parts of the SPA. If more than one every successful SPA relaxation area.

There is no limit in creating the rest of the units. Move all the senses, heated beds or ergonomic rest sections aroma smells like systems, audio, image space techniques and lighting systems are designed relaxation units instead of stress and fatigue resulting from a young spirit and a body you can be the owner

## Heated Seats

Ergonomic design with warm heat your body with pleasant, invigorating bath; healthy relaxation in sustainable products. 38 C-degree heat offers a variety of benefits to health with. If you need to highlight the feature this bath strengthens the immune system. Any time you will spend in a heated bed limitation/limit. Refreshing, refreshing style and comfort, you can enjoy hours of exciting effects. A large fraction of their heated beds DST workshops of design and manufactures.



# OUR BUSINESS

## POOL

Sanus Per Aquan (Water from health) is a Latin discourse describing the importance of water and health. A range of water temperature and variations of INCEDOGAN & DST can be found in the designed SPA area. Followed by hot water cold water is an important factor to come alive.

The most popular fresh water Massage Pools, Thermal Attractions Pools, Tahalasso Pools. Our clients especially our products hygienic and less appreciated features of the energy consumption. That's why our long-term quality assurance of our product quality and experience.



## ► Fresh Water Pools

SPA Center is not swimming pools at the same time so the maximum density is. INCEDOGAN & all pools according to the norm DIN 19643 DST. We're doing our hygiene and safety in pools implementation for the most important rule. Swimming pools by heating the led lighting systems by manipulating with the porcelain color with mosaic design that suits you best from our experience and to benefit from our quality.





## ► Thermal Pools

The key elements of the spa treatment termomineralli water temperatures and healing with mineral they contain properties. Thermal Pools 38-41 ° C is used in the large variety of mineral water and sodymbikarbonat, chlorinated and fluoridated water mixed in character switch Thermo-therapeutic nature. INCEDOGAN & DST thermal pools replenished this healing water, waterfall shower, floor and wall massage systems with air bearings thanks to the therapeutic position.



## ► Thalasso Pool

Thalasso Pool clean in a specific depth of sea water directly and continuously heating to the level of the body temperature and this water using a variety of massage techniques in different custom pool problems is an alternative method of treatment is applied INCEDOGAN & Europe's best companies In DST Thalasso high-quality materials to withstand the salt in sea water with the products



# OUR BUSINESS

## Massage Pool

Foamy massage with jets of hot water when the vessel expands your aching muscles oxygen and nourishing elements your attack. Toxins are cleared natural buoyancy tired while 90% of your body weight eklemlerinizden your body relaxed. Accelerates circulation, stress, stress evaporates nodes INCEDOGAN & DST has its own hydro-massage jets with relaxing and comfortable environment. Worries and stress.

INCEDOGAN & DST massage pools life begins again. This is always the most perfect way to instantly feel good yourself.



# REFERENCES



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